

## PARENT GUIDE / MEETING 2



# THE BELT OF TRUTH

### Knowing God and His Standard

*This week we are focusing on the Belt of Truth. The Roman soldier's belt helped him be strong enough to carry his other armor and fight at the same time. The Belt of Truth helps believers know that God's Word is true so we can obey it.*

**KEY VERSE:** "So stand firm. Put the belt of truth around your waist."  
Ephesians 6:14a NIV

**BIBLE STORY PASSAGE:** Genesis 3

### Dig Deeper This Week

- Read Ephesians 6:14 together to introduce the armor for this week. Discuss how today a belt is an accessory or at best keeps your pants up, but for a Roman soldier it was the foundation of his armor. The very first thing he put on. Without the belt helping to carry the other weight of his armor, he would have been too tired to fight his best. The Roman soldier also attached his sword and dagger to the belt as well. God gives believers His Truth to wear as a foundation and support. We know God's Word is true, and we can trust God's direction as we follow and obey Him.

- Review the Bible story found in Genesis 3.

Q1: What question did the serpent, who is Satan, ask Eve? A1: *He asked if God really said they couldn't eat from any tree in the garden. (Note that Satan knew what God had told her, but he was trying to trick Eve.)*

Q2: What did the woman tell the serpent that God had said in verses 2 and 3? A2: *They could eat any fruit except from the tree in the middle of the garden—if they eat it they will die.*

Q3: What happened when Adam & Eve sinned? A3: *They had broken relationships with each other and God; they had to leave the garden; Adam would work*

*hard all of his life; Eve would have pain as she bore children.*

Q4: What do you think God wants us to learn from the story of Adam and Eve? A4: *Satan tries to trick us into sinning, but there are consequences and punishments to our sin.*

Q5: How does today's piece of armor help us against our enemy? A5: *The Belt of Truth helps believers know that God's Word is true. God wants people to obey His Word.*

#### ADDITIONAL BIBLE CONNECTIONS:

- Read John 8:31-2. Talk through the verses. How will a person know if they are really a disciple of Jesus? What does Jesus promise if we obey His teachings?
- Read Numbers 20:7-12. What was God's instruction to Moses? What part did Moses obey and what part did he disobey? What was the result of Moses' action?
- Think it Through: Satan tries to deceive people into believing that God doesn't mean what He says. After reading this passage, how do you feel about listening to God's instructions?

#### MY PRAYER TIME

Praying is talking and listening to God. At times listening to God may seem hard because we cannot see him with our eyes. Here are some ways you can practice to feel connected to God.

- ✚ Think about how holy, awesome and powerful God is. Thank Him for His Goodness!
- ✚ Read God's words to you in the Bible. (This is one of the main ways God speaks to people.)
- ✚ Think about Bible verses and stories. Ask yourself what God wants you to learn from them.
- ✚ Listen to the older people around you, who you know are disciples of Jesus.
- ✚ Spend time talking to God in prayer, and ask for His help as you learn more about Him.

Try to add these requests to your prayers this week.

1. Pray God takes care of Ruth (our Compassion Child in Haiti).
  2. Ask God to provide food and shelter for those in need.
  3. Pray that God will help you remember what His truth is what He says it is.
  4. Pray for a leader at your church.
  5. Pray for your parents!
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